

The Eric Liddell 100

A legend. A legacy. A lifetime of inspiration.



The Eric Liddell Schools Resources are now live!

Education Resource

Access our film, lesson plans and materials to bring Eric's story to life and inspire a new generation.

<https://ericliddell.org/education-resource/>



Education Resource

Sports Day Toolkit

Use our Sports Day toolkit to host an Eric Liddell inspired sports day.

<https://ericliddell.org/sports-toolkit/>



Sports Day Toolkit

Eric Who?

In 2002 Eric Liddell was voted the most popular sporting hero Scotland had ever produced. Yet today, when asked about Eric Liddell, many people will reply 'Eric who'?

The story of Eric Liddell is important not only because of his sporting success but also his values and the good he brought to those he met.

Why now?

On the 11th July 2024, it will be 100 years since Eric became Olympic champion at the 1924 Paris Olympics.

With the 2024 Olympic Games also being held in Paris, we have a great opportunity to engage young people in Eric Liddell's story, the values he led his life by, and the inspiration that they bring.



The Eric Liddell 100 Values

We believe that any individual can make a positive impact on the world if they approach the challenges they face with passion, compassion and integrity.

Passion – enthusiasm, dedication, optimism, self-belief

Compassion – humility, selflessness, respect, care, community-minded

Integrity – discretion, loyalty, self-sacrifice, principled



About the Education Resource

The resource has been designed by experienced teachers to provide detailed lesson plans and supporting materials, with inclusion and adaptability in mind.

The subject-specific lesson plans have been designed for P7-S3 children and more generic materials have also been provided for use in primary schools and other settings.

The resource is aligned to the aims of Scotland's Curriculum for Excellence, but has also been trialled elsewhere in the world.

You are invited to use the resource in whatever way suits you and the young people you work with.

About the Sports Day Toolkit

The Sports Day toolkit provides everything you need to host an Eric Liddell inspired sports event, including downloadable templates for certificates, posters, invitations, social media and communications, along with some ideas and inspiration to make your event a success!

The Eric Liddell 100

The EL100 is a programme of events and activities to recognise and celebrate the life, sporting and community service achievements of Eric Liddell.

If you would like to find out more visit <https://ericliddell.org/the-eric-liddell-100/> email EL100@ericliddell.org or follow us on social media



[The Eric Liddell 100](https://www.facebook.com/theericliddell100)



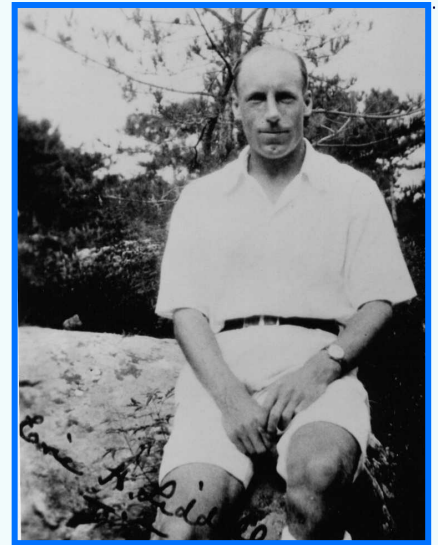
[@ericliddell100](https://twitter.com/ericliddell100)



[theericliddell100](https://www.instagram.com/theericliddell100)



[The Eric Liddell 100](https://www.linkedin.com/company/the-eric-liddell-100)



The Eric Liddell 100 is led by The Eric Liddell Community, a registered care charity based in Edinburgh, close to where Eric lived and taught. The organisation was established in 1980, and our work is inspired by Eric's values to deliver positive change in our community.



In the dust of defeat as well as the laurels of victory there is a glory to be found if one has done his best." - Eric Liddell